



# Welcome to Physical Education!

Both teachers, **Coach Delaney, and Mr. Page**, are extremely excited to work with all three grades over this coming school year! This school year we intend to teach your children all about physical fitness and how it impacts them overall with a whole lot of fun games to burn off energy.

## ***Materials:***

- Sneakers or closed toed shoes
- Water bottle (Not required but highly recommended for class)

## ***Grading Policies:***

- Every day a participation grade is given out, if your child misses a day, they do not earn a grade for the day but have the choice to make it up with a written piece of work. All they must do is ask one of the teachers for makeup work and it will be sent home with them.

## ***Physical Education Extra Help Days:***

- September 19<sup>th</sup> , 26<sup>th</sup>
- October 3<sup>rd</sup> , 10<sup>th</sup> , 17<sup>th</sup> , 24<sup>th</sup> , 31<sup>st</sup>

## **Meet the Teachers!**

### **Coach Delaney:**

My name is Coach Delaney, and this is my third year teaching Physical Education for SPS. This is my first year at Van Sickle Prep and I could not be more excited to teach here. Physical education is so important to me because it is how I live my life. When I am not teaching, I am outside running, playing soccer, tennis lately, basketball or

### **Mr. Page:**

My name is Mr. Page, and I taught special education at Rise Middle School for 2 years then 5 years of physical education. I made the switch over because of how much I love physical activity. I love to play baseball, basketball, and football... I even played baseball at AIC in college. I really look forward to introducing several games I

any sport that I can. Being active is so much fun that I enjoy teaching it to your children. If you ever have any questions, please feel free to email me.

Email-  
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have created while working here to the students. If you have any questions, please feel free to email me.

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Van Sickle Academy in Springfield, MA.